

# Setting Lessons in Pictures

As Taught by Trisha Kroll and Jenn Pritchard

Commentary by Ana Horvath and Allyson Horvath

Photographs by Gary Horvath

# Setters Must be Consistent

## Featured Setters

- Lauren Plum - #4 – University of Oregon – dark green jerseys/shorts
- Nicole Edelman - #5 – University of Colorado – white shirts/dark shorts

The following is a sequence of slides. They are laid out two per page. The second slide on each page is duplicated on as the first slide on the subsequent page to make it easier to see the sequence of shots.

1 – The ball is passed to Plum.



2 – Plum jump sets a "4" set to the OH, while the RS fakes a hit.



2 – Plum jump sets a “4” set to the OH, while the RS fakes a hit.



3 – Note how the OH patiently waits before starting her approach and the ball has a slight backwards spin.



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4 –The ball goes out of the picture and the OH patiently waits before starting her approach.



4 –The ball goes out of the picture and the OH patiently waits before starting her approach.



5 –The ball remains out of the picture, but the OH finally begins her approach.



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6 –Plum and the back row player move to the cover position.



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7 –Plum and the back row player are in cover position, but the block is weak. The crowd cheers the kill and Plum just gets another assist and the satisfaction of hitting another perfect “4” set.





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