

# Carly Wopat

Hitting

The following six slides were taken at the 2013 USAV High Performance Coaches Clinic.

Top college players were brought in to help with the demonstration.

The following is a sequence of six slides. They are laid out two per page, with slides two through five duplicated to provide a sequence.

Carly Wopat was one of four players from the Pac-12 Conference to be selected a First Team All-American by Volleyball Magazine. She also earned first-team honors from the publication in 2011. She is also a two-time AVCA All-American, earning honorable mention in 2011 and first team status in 2012. Wopat, a middle blocker, finished the 2012 PAC-12 season in the top-10 in the conference in hitting percentage (.399) and blocks per set (1.45).

Photographs by Gary Horvath.





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