## Team Tendencies and the Importance of a Winning a Point



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## Overview

Purpose


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Anyone who has played or coached volleyball intuitively knows that every point is important. This analysis uses data from conference match play for the University of Colorado, Stanford, and the University of Nebraska to illustrate that point. In does so by looking at:

- The relationship between points won, sets won, and matches won.
- The relationship between points and sets won and the differential in the score. Categories for the point differentials for each set have been defined as close wins, competitive wins, solid wins, and blowouts.
- The relationship between points won, sets and matches won and the match score. (3-0, 3-1, 3-2)

The analysis is not intended as a commentary or critical review of the programs at these universities, rather its purpose is to serve as a reference guide for coaches and players to help them communicate the value of a point.

## The Analysis

Data from the Lady Buffs has been analyzed for 9 seasons. In 2014 they had their best conference finish (tied for fourth). In 2007 and 2011 they finished in last place. The Lady Buffs qualified for the NCAA championships in 2006, 2013, and 2014.

Data from the Huskers (2006) and the Cardinal (2014) were analyzed during seasons they were conference champions. In addition, Husker data was evaluated in 2014.

There are many reasons for understanding the value of a point. For example, if teams can win matches in 3 sets instead of 5 sets, it is likely they will have fewer injuries and less mental and physical fatigue over the course of the season. Weaker teams can become more competitive if they win more points, have fewer blowouts, and play closer matches.

# Executive Summary Percent of Points, Sets, and Matches Won 

Above 50\% and Below 50\%

Two things will happen if a team wins less than $50 \%$ of the points:

- The percentage of sets won will be less than the percentage of points won
- The percentage of matches won will be less than the percentage of sets won.
Example: In 2009, CU won $42.8 \%$ of the points, $16.7 \%$ of the sets and $10.0 \%$ of the matches. An anomaly occurred in 2007; CU won $49.5 \%$ of the points, $53.1 \%$ of the sets, and $60 \%$ of the matches.

Two things will happen if a team wins greater than $50 \%$ of the points:

- The percentage of sets won will be greater than the percentage of points won.
- The percentage of matches won will be greater than the percentage of sets won.
Example: In 2006, Nebraska won $56.4 \%$ of the points, $89.4 \%$ of the sets and $95.0 \%$ of the matches.

Shortened Formats and 50/50

Because the probability of winning a point, set, and match are different a "weaker" team is more likely to win a point against a stronger opponent than it is to win a set or a match against them. For this reason the "weaker" team has a greater chance of winning sets or matches in shortened formats, such as the fifth game or when the score is close, such as 23-23.

Theoretically two things will happen if a team wins $50 \%$ of the points:

- It will win $50 \%$ of the sets.
- It will win $50 \%$ of the matches.

Example: In 2014 CU won slightly more than $50 \%$ of the points, $50 \%$ of the sets, and $55 \%$ of the conference matches (11-9).

## Executive Summary Measuring and Classification of Team Tendencies

Measuring Team Tendencies

Over the course of a conference season, teams will have tendencies based on the following:

- Percentage of points, sets, and matches won.
- Percentage of sets won by point differentials (blowouts, solid, competitive, close).
- Percentage of sets won by match scores. (3-0/0-3, 3-1/13 , and 3-2/2-3).

Classification of Data into Team Tendencies

This analysis shows that over the course of a conference season, there is a slight difference in the percentage of points won by conference champions and teams with lower finishes.

From the data the following team tendencies can be assumed :

- Tier I teams win more than $53.0 \%$ of the points.
- Tier II teams win between $50.1 \%$ and $53.0 \%$ of the points.
- Tier III teams win between $48.1 \%$ and $50.0 \%$ of the points.
- Tier IV teams win $45.1 \%$ to $48.0 \%$ of the points.
- Tier V teams win < 45.1\% of the points.

Additional team tendencies are listed in a table near the end of this analysis.

# Executive Summary The Tracking and Value of Tendencies 

Team Tendencies - Points, Sets, and Matches Won

There are many metrics for tracking team performance such as team standings and basic statistics (hitting percentage, $+/$-, sideout percentage).

Tracking team tendencies based on points won, sets won, matches won, point differentials in sets, and match scores may be another way to identify small incremental changes (improvements or declines) in performance.

Tracking team tendencies based on the above criteria may also be used for rating groups of players in leagues, practices, or extended tryout situations. This type of evaluation might be similar to the ratings given tennis players in the National Tennis Rating Program or Tencap.

Value of Understanding Team Tendencies

This analysis shows the University of Colorado Lady Buffs went from last place in the PAC-12 in 2009 to a tie for $4^{\text {th }}$ in 2014. They made big gains in small increments. What did the Lady Buffs do to improve their performance?

By looking a team tendencies it is possible to quantify the improvements of the Lady Buffs over five seasons:

- They increased their number of points won from 1,205 to 1,651 . This is 446 additional points won, an average increase of 89.2 points per conference season.
- They increased their number of sets won from 11 to 39. They won 28 additional sets, an average increase of 5.6 sets per season.
- They increased the number of sets won from 2 to 11 , an increase of 9 additional matches, an average increase of 1.8 match per season.
On average, each season the Lady Buffs won an average of 4.4 additional points per match, or an average of 1.2 points per set played.


## Point, Set, and Match Percentages

This section looks at the percentage of points, sets, and matches won for nine seasons for the Lady Buffs and select seasons for CU, Nebraska, and Stanford. The range of points won by CU in conference play for this nine-year period was $7.2 \%$ ( $50.0 \%$ less $42.8 \%$.) The range of CU sets won was $38.6 \%$ ( $53.1 \%$ less $14.5 \%$ ) and $55.0 \%$ for matches won ( $60.0 \%$ less $5.0 \%$ ).


CU Buffs Record
2006 12-8 $5^{\text {th }}$
2007 1-19 12 ${ }^{\text {th }}$
2008 7-13 $8^{\text {th }}$ tie
2009 2-18 $11^{\text {th }}$
2010 3-17 10 $0^{\text {th }}$
2011 1-21 12 $2^{\text {th }}$
2012 4-16 10 $0^{\text {th }}$ tie
2013 9-11 $7^{\text {th }}$ tie
$2014 \quad 11-9 \quad 4^{\text {th }}$ tie

## Percentage of Points Won

Things to Remember About the Percent of Points Won

- If a team wins greater than $50 \%$ of the points, the percentage of sets won will be greater than the percentage of points won, and the percentage of matches won will be greater than the percentage of sets won.
- If a team wins $50 \%$ of the points, it will win $50 \%$ of the sets and $50 \%$ of the matches.
- If a team wins less than $50 \%$ of the points, the percentage of sets won will be less than the percentage of points won. And the percentage of matches won will be less than the percentage of sets won.

A weaker team is more likely to win a point against a stronger opponent than it is to win a set or a match against them. For this reason the "weaker" team has a greater chance of winning sets or matches in shortened formats, such as the fifth game or when the score is close, such as 24-24.

## Number of Points Lost and Points Won



Source: cubuffs.com,
Note: 2006 and 2007 seasons games played to 30, Liz Kritza replaced Pi'i Aiu in 2009, CU switched to PAC-12 in 2011 and the conference season was 22 games.

## Percentage of Points Won



[^0]
## Number of Sets Lost and Sets Won



Source: cubuffs.com,
Note: 2006 and 2007 seasons games played to 30, Liz Kritza replaced Pi'i Aiu in 2009, CU switched to PAC-12 in 2011 and the conference season was 22 games.

## Percentage of Sets Won



[^1]
## Number of Matches Lost and Matches Won



Source: cubuffs.com,
Note: 2006 and 2007 seasons games played to 30 , Liz Kritza replaced Pi'i Aiu in 2009, CU switched to PAC-12 in 2011 and the conference season was 22 games.

## Percentage of Matches Won



[^2]
## Percentage of Points, Sets, and Matches Won University of Colorado 2009 to 2014



[^3]
# Percentage of Points, Sets, and Matches Won CU (06,09,14), Nebraska (06,14), Stanford (14) 



[^4]
# Point, Set, and Match Percentages Key Points - Tendencies and Progress 

## Tendencies

This analysis supports the following statements:

- Elite teams win at least $53 \%$ of the points played in conference competition.
- Teams that win $50 \%$ to $52 \%$ of their points in conference play are distant contenders for the title.
- Teams that won less than half the points they played typically had losing seasons in conference play.
- The weaker teams typically won less than $45 \%$ of the points they played in conference play.

How can a coach find a way to win two points out of 100 to elevate them from winning $51 \%$ of the points to $53 \%$ of the total points played?

Buffs Make Progress

Between 2009 and 2014 the Buffs went from 2-18 to 11-9.
Between 2009 and 2014 the Buffs increased their percentage of points, sets, and matches won as follows:

- The percentage of points won increased from $42.8 \%$ to $50.0 \%$. The number of points won increased by 446. That is 89.2 points per season or 4.4 points per match or 1.2 points per set.
- The percentage of sets won increased from 11 to 39. The number of sets won increased by 28 or 5.6 sets per season.
- The percentage of matches won increased from $10 \%$ to $55 \%$. The number of matches won increased from 2 to 11 or 1.8 matches per year.

Big gains are made in little increments!

## Point Differential in Sets Colorado

This section illustrates the relationship between points won by season (2006 to 2014) for the Lady Buffs and the point differential in the sets played.

Key points from the following charts are:

- Weaker teams incur more blowouts and solid losses.
- Weaker teams play fewer close matches.
- Top teams play fewer close sets. When they do, they usually win most of the matches.
- Top teams have more competitive and blowout wins.

Point Differential Description (Win or Loss)
Blowouts - decided by 10 points or more.
Solid - decided by 5 to 9 points.
Competitive - decided by 3 or 4 points.
Close - decided by 2 points.

Note: The horizontal axis on the following charts includes the percentage of points won that year.


## Percentage of Sets Won by Point Differential



[^5]
## Percentage of Sets Lost by Point Differential



[^6]
## Percentage of Sets Lost by Ten or More Points (Blowouts Lost)



[^7]
## Percentage of Sets Lost by Five to Nine Points (Solid Losses)



[^8]
## Percentage of Sets Lost by Three or Four Points (Competitive Losses)



[^9]
## Percentage of Sets Lost by Two Points (Close Losses)



[^10]
## Percentage of Sets Won by Two Points (Close Wins)



[^11]
## Percentage of Sets Won by Two Points (Close Wins)



[^12]
## Percentage of Sets Won by Three or Four Points (Competitive Wins)



[^13]
## Percentage of Sets Won by Five to Nine Points (Solid Wins)



[^14]
## Percentage of Sets Won by Ten Points or More (Blowouts)



[^15]These tables illustrate historical tendencies of the Lady Buffs. They also show the relationship between the number of matches won and the number matches won by the various point differentials. The team won $60 \%$ of its matches in 2006 and $55 \%$ in 2014. The percent of matches won in other years ranged from $4.5 \%$ to $45 \%$.

| CU Sets Won Lost (2006-2014) |  |  | CU Regression Correlation Differential/Matches Won |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Point Differential | Sets Won | Sets Lost | Point Differential | Sets Won | Sets Lost |
| Blowouts | 19 | 121 | Blowouts | $r=.43$ | $r=.88$ |
| Solid | 78 | 178 | Solid | $\mathrm{r}=.83$ | $\mathrm{r}=.44$ |
| Competitive | 52 | 80 | Competitive | $\mathrm{r}=.79$ | $\mathrm{r}=.72$ |
| Close | 72 | 73 | Close | $\mathrm{r}=.92$ | $r=-.27$ |
| Total | 221 | 452 | Tendencies <br> - CU had a high percent of blowout losses and a low percent of blowout wins <br> - CU had a high percent of solid losses and a low percent of solid wins. <br> - CU won $49.7 \%$ of its close sets, well above its percent of total sets won. When CU made the sets close, their chances of winning increased. |  |  |
| Point Differential | Percent Sets Won | Percent Sets Lost |  |  |  |
| Blowouts | 2.8\% | 18.0\% |  |  |  |
| Solid | 11.6\% | 26.5\% | Point Differential Description (Win or Loss) <br> Blowouts - decided by 10 points or more. <br> Solid - decided by 5 to 9 points. <br> Competitive - decided by 3 or 4 points. <br> Close - decided by 2 points. |  |  |
| Competitive | 7.7\% | 11.9\% |  |  |  |
| Close | 10.7\% | 10.8\% |  |  |  |
| Total | 32.7\% | 67.3\% |  |  |  |

## Point Differential in Sets Colorado, Stanford, Nebraska

This section illustrates the relationship between points won by season and the point differential in the sets for select Colorado, Stanford and Nebraska seasons. It compares:

- CU 2006 vs. Nebraska 2006
- CU 2009 vs. CU 2014
- Nebraska 2006 vs. Nebraska 2014
- Stanford 2014 vs. CU 2014.

```
Point Differential Description (Win or Loss)
Blowouts - decided by }10\mathrm{ points or more.
Solid - decided by 5 to 9 points.
Competitive - decided by 3 or 4 points.
Close - decided by 2 points.
```

Key points from the following charts are:

- The percentage of solid and blowout sets won are greater for stronger teams.
- The percentage of solid and blowout sets lost are greater for weaker teams.
- Weaker teams have a lower percentage of lost matches when they play close or competitive matches.
- The Lady Buffs demonstrated that it can take several years to improve from being a weak team to a
 competitive team (CU 2009 vs. CU 2014).


## Point Differential in Sets CU 2006 (12-8) and Nebraska (19-1) 2006



Source: CUBuffs.com and www.huskers.com

## Point Differential in Sets CU 2009 (2-18) vs. CU 2014 (11-9)



Source: CUBuffs.com and www.huskers.com.

## Point Differential in Sets

## Nebraska 2006 (19-1) and Nebraska 2014 (14-6)



Source: CUBuffs.com and www.huskers.com

## Point Differential in Sets Stanford 2014 (19-1) vs. CU 2014 (11-9)

Stanford lost $8.1 \%$ of the sets
by 5 or more points (red).


## Source: CUBuffs.com and gostanford.com

## Point Differential in Sets Key Points - Tendencies

The tendencies of CU and the combination of Stanford (2014) and Nebraska (2006) are compared below. The data for CU included 673 sets compared to 140 sets for Stanford/Nebraska.

CU Sets Won-Lost Percent (2006-2014)

| Point Differential | Percent Sets Won | Percent Sets Lost |
| :--- | :---: | :---: |
| Blowouts | $2.8 \%$ | $18.0 \%$ |
| Solid | $11.6 \%$ | $26.5 \%$ |
| Competitive | $7.7 \%$ | $11.9 \%$ |
| Close | $10.7 \%$ | $10.8 \%$ |
| Total | $32.7 \%$ | $67.3 \%$ |
| Stanford (2014)/Nebraska (2006) Sets Won-Lost Percent |  |  |
| Point Differential | Percent Sets Won | Percent Sets Lost |
| Blowouts | $20.0 \%$ | $0.0 \%$ |
| Solid | $37.1 \%$ | $5.8 \%$ |
| Compeitive | $15.0 \%$ | $5.0 \%$ |
| Close | $12.1 \%$ | $5.0 \%$ |
| Total | $84.2 \%$ | $15.8 \%$ |

## Tendencies

- CU had a high percent of blowout losses and a low percent of blowout wins.
- CU had a high percent of solid losses and a low percent of solid wins.
- CU won $49.7 \%$ of its close sets, well above its percent of total sets won. When the sets were close, CU's chances of winning increased.

```
Point Differential Description (Win or Loss)
Blowouts - decided by }10\mathrm{ points or more.
Solid - decided by 5 to 9 points.
Competitive - decided by 3 or 4 points.
Close - decided by 2 points.
```


## Tendencies

- Elite teams don't get blown out!
- Elite teams win most of their matches as blowouts or solid wins.
- Stanford/Nebraska won $70.8 \%$ of its close sets, well below its percent of total sets won. When the opponents made the sets close, their opponents increased their chances of winning.


## 72-73 and 17-7 Key Points - Number of Close Sets Won

## 72-73

One of the key points in this section is that the Lady Buffs won a higher percentage of close sets than their overall percentage for sets won.

- For the nine year period the Lady Buffs won 72 of 145 sets decided by two points or $49.7 \%$ of the close sets.
- They won $32.7 \%$ of the total sets played.


## 17-7

One of the key points in this section is that the opponents of Stanford/Nebraska won a higher percentage of close sets than their overall percentage of sets won.

- Stanford/Nebraska won 17 of 24 close sets or $70.8 \%$ of the close sets. Their opponents won $29.2 \%$ of close sets.
- They won $84.2 \%$ of the total sets played. Their opponents won $15.8 \%$ of the total sets played.

A weaker team is more likely to win a point against a stronger opponent than it is to win a set or a match against them. For this reason the "weaker" team has a greater chance of winning sets when the score is close, such as 24-24. The lesson to weaker teams is to win one more point!

## Point Differential in Sets Key Points - Tendencies

The tendencies of CU and the combination of Stanford (2014) and Nebraska (2006) are compared below. The data for CU included 673 sets compared to 140 sets for Stanford/Nebraska.

CU Sets Won-Lost Percent (2006-2014)

| Point Differential | Percent Sets Won | Percent Sets Lost |
| :--- | :---: | :---: |
| Blowouts | $2.8 \%$ | $18.0 \%$ |
| Solid | $11.6 \%$ | $26.5 \%$ |
| Competitive | $7.7 \%$ | $11.9 \%$ |
| Close | $10.7 \%$ | $10.8 \%$ |
| Total | $32.7 \%$ | $67.3 \%$ |

## Stanford (2014)/Nebraska (2006) Sets Won-Lost Percent

| Point Differential | Percent Sets Won | Percent Sets Lost |
| :--- | :---: | :---: |
| Blowouts | $20.0 \%$ | $0.0 \%$ |
| Solid | $37.1 \%$ | $5.8 \%$ |
| Competitive | $15.0 \%$ | $5.0 \%$ |
| Close | $12.1 \%$ | $5.0 \%$ |
| Total | $84.2 \%$ | $15.8 \%$ |

## Tendencies

- CU had a high percent of blowout losses and a low percent of blowout wins.
- CU had a high percent of solid losses and a low percent of solid wins.
- CU won $49.7 \%$ of its close sets, well above its percent of total sets won. When the sets were close, CU's chances of winning increased.

```
Point Differential Description (Win or Loss)
Blowouts - decided by }10\mathrm{ points or more.
Solid - decided by 5 to 9 points.
Competitive - decided by 3 or 4 points.
Close - decided by 2 points.
```


## Tendencies

- Elite teams don't get blown out!
- Elite teams win most of their matches as blowouts or solid wins.
- Stanford/Nebraska won $70.8 \%$ of its close sets, well below its percent of total sets won. When the opponents made the sets close, they increased their chances of winning.


## Matches Lost and Won by Match Score Colorado

This section illustrates the relationship between the percentage of points and matches won each season and score of the match.

First, CU Buff data is reviewed for the CU Buffs for 2006 to 2014.

Second, data is reviewed for:

- CU 2009 vs. CU 2014.
- CU 2006 vs. Nebraska 2016.
- Nebraska 2006 vs. 2014.
- CU 2014 vs. Stanford 2014.

Note: The horizontal axis on the following charts includes the percentage of points won that year.


## Percentage of Matches Lost by Score

Percent
Percentage of Matches Lost by Score


Source: cubuffs.com

## Percentage of Matches Won by Score

Percent
Percentage of Matches Won by Score


[^16]
## Percentage of Matches

## Decided by a 3-2 or 2-3 Score



[^17]
## Match Scores - Lady Buffs Key Points - Tendencies

These tables illustrate historical tendencies of the Lady Buffs. They also show the relationship between the number of matches won and the number matches played by the various match scores. The Lady Buffs won $60 \%$ of the matches played in 2006 and $55 \%$ in 2014. The percent of matches won in other years ranged from $4.5 \%$ to $45 \%$.

| CU Sets Won-Lost (2006-2014) |  |  | CU Regression Correlation Differentia/Matches Won |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Match Score | Matches Won | Matches Lost | Match Score | Sets Won | Sets Lost |
| $(3-0) /(0-3)$ | 17 | 82 | (3-0)/(0-3) | $r=+.91$ | $r=-.48$ |
| (3-1)/(1-3) | 11 | 32 | (3-1)/(1-3) | $r=+.50$ | r=-. 40 |
| (3-2)/(2/3) | 22 | 18 | (3-2)/(2/3) | $\mathrm{r}=+.88$ | $r=-.31$ |
| Total | 50 | 132 |  | Tendenci |  |
| CU Percentage Sets Won-Lost (2006-2014) |  |  | - CU had a very high percent of $0-3$ losses and a low percent of $3-0$ wins. <br> - CU had a high percent of 1-3 losses and a low percent of 3-1 wins. CU seldom wins a match $3-1$. |  |  |
| Match Score | Percent Matches Won | Percent Matches Lost |  |  |  |
| $(3-0) /(0-3)$ | 9.3\% | 45.1\% | - CU won $49.7 \%$ of its close sets, well above its percent of total sets won. When the sets were close, their chances of winning increased. |  |  |
| (3-1)/(1-3) | 6.0\% | 17.6\% |  |  |  |
| (3-2)/(2/3) | 12.1\% | 9.9\% |  |  |  |
| Total | 27.5\% | 72.5\% |  |  |  |

[^18]
## Percentage of Matches by Match Score CU 2009 vs. CU 2014

Percent
Set Match Scores


[^19]
## - Percentage of Matches by Match Score CU 2006 vs. Nebraska 2006

Percent


[^20]
## Percentage of Matches by Match Score Nebraska 2006 vs. Nebraska 2014



[^21]
## Percentage of Matches by Match Score CU 2014 vs. Stanford 2014

Percent


[^22]
## 22-18 and 4-1 Key Points - Number of Close Sets Won

## 22-18

One of the key points in this section is that the Lady Buffs won a higher percentage of 5 set matches than their overall percentage for sets won.

- For the nine year period the Lady Buffs won 22 of 40 matches that went 5 sets, or $55 \%$ of the 5 set matches.
- They won $\underline{27.5 \%}$ of the total matches played.


## 4-1

One of the key points in this section is that the opponents of Stanford/Nebraska won a higher percentage of close matches than their overall percentage of sets won.

- Stanford/Nebraska won 4 of 5 matches that went 5 sets. They won $80 \%$ of these sets and their opponents won 20.0\%.
- They won $95.0 \%$ of the total matches played. Their opponents won $5.0 \%$ of the total matches.

A weaker team is more likely to win a point against a stronger opponent than it is to win a set or a match against them. For this reason the "weaker" team has a greater chance of winning sets when they are playing in an abbreviated format, such as a fifth set to 15 points. The lesson to weaker teams is to win one more point!

## Match Scores - CU, Stanford, Nebraska Key Points - Tendencies

The tendencies of CU and the combination of Stanford (2014) and Nebraska (2006) are compared below. CU played 82 matches and Stanford/Nebraska played 40.

| CU Percentage Sets Won-Lost |  |  |
| :--- | :---: | :---: |
| Match Score |  | Percent Matches <br> Won |
| $(3-0) /(0-3)$ | Percent Matches <br> Lost |  |
| $(3-1) /(1-3)$ | $9.3 \%$ | $45.1 \%$ |
| $(3-2) /(2 / 3)$ | $6.0 \%$ | $17.6 \%$ |
| Total | $12.1 \%$ | $9.9 \%$ |

Tendencies

- CU had a very high percent of 0-3 losses and a low percent of 3-0 wins.
- CU had a high percent of 1-3 losses and a low percent of 3-1 wins. CU seldom wins a match 3-1.
- The "weaker" team has a greater chance of winning in shortened formats, such as game 5 . This is illustrated by the Buffs results in the (3-2)/(2=3) matches won and lost.

Stan. (2014)/Neb. (2006) Percent Sets Won-Lost Percent

| Match Score | Percent Matches <br> Won | Percent Matches <br> Lost |
| :--- | :---: | :---: |
| $(3-0) /(0-3)$ | $62.5 \%$ | $0.0 \%$ |
| $(3-1) /(1-3)$ | $22.5 \%$ | $2.5 \%$ |
| $(3-2) /(2 / 3)$ | $10.0 \%$ | $2.5 \%$ |
| Total | $95.0 \%$ | $5.0 \%$ |

## Tendencies

- Elite teams don't lose $3-0$ and they seldom lose 3-1!
- Elite teams win a majority of the (3-2)/(2-3) matches played.
- The "weaker" team has a greater chance of winning in shortened formats, such as game 5 . This is illustrated by the results in the comparison of 3-2 matches won and 2-3 matches lost.

[^23]
## Summary of Match Tendencies Lady Buffs

Over the course of a season teams will have tendencies based on the following:

- Percentage of points, sets, and matches won.
- Percentage of sets won by point differentials (blowouts, solid, competitive, close).
- Percentage of sets won by match scores. (3-0/0-3, 3$1 / 1-3$, and 3-2/2-3).

Over 9 years Lady Buff tendencies were:

- A high percent of blowout losses and a low percent of blowout wins.
- A high percent of solid losses and a low percent of solid wins.
- Won about half of sets decided by 2 points.
- Won more than half of matches that went 5 sets.

The Lady Buffs went from last place in the PAC-12 in 2009 to a tie for $4^{\text {th }}$ in 2014. The team accomplished this by winning an average of 1.2 additional points per set over 5 seasons.


# Tendencies of Teams Based on Points Won, Point Differential, Match Score, and Matches Won 

The team tendencies list below were developed from the 12 "seasons" analyzed. The criteria for the categories seems reasonable; however, a larger, more diverse sample would produce team tendencies that are more concise.

## Tier I Teams

- Win $\underline{\text { more than } 53 \% \text { of the points. }}$
- Don't lose blowout sets and less than $10 \%$ of sets are solid losses. They don't give opponents a chance to get into the match.
- Win a majority of the close and competitive sets.
- At least $35 \%$ of the sets are solid wins
- At least $10 \%$ of the sets are blowout wins.
- Win at least $80 \%$ of their matches and most wins are $3-0$.


## Tier II Teams

- Win between $50.1 \%$ and $53.0 \%$ of the points.
- May lose a few blowout and solid loss sets.
- Win a majority of close and competitive matches.
- About $30 \%$ of their sets are solid wins and $5 \%$ are blowouts.
- Win at least $66 \%$ of their matches and most wins are 3-0 or 3-1.

```
Point Differential Description
Blowouts - decided by }10\mathrm{ points or more.
Solid - decided by 5 to 9 points.
Competitive - decided by 3 or 4 points.
Close - decided by 2 points.
```


## Tier III Teams

- Win $48.1 \%$ to $50 \%$ of the points.
- Less than $10 \%$ of sets are blowouts and $20 \%$ solid losses.
- Sometimes win a majority of the close and competitive matches.
- Win about $20 \%$ of the sets are solid wins
- May win a few blowout sets.
- Win about half their matches.


## Tier IV Teams

- Win between $45.1 \%$ and $48 \%$ of the points.
- About $20 \%$ of their sets are blowouts and $25 \%$ are solid loses.
- Most losses are 3-0 or 3-1.
- Win about $35 \%$ of their sets and matches.


## Tier V Teams

- Win less than $45.1 \%$ of their points.
- More than half their sets are solid losses or blowouts.
- A majority of their matches are lost 3-0.
- Win less than $30 \%$ of their matches.


## Every Point Matters!



# Team Tendencies and the Importance of Winning a Point 

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[^0]:    Source: cubuffs.com

[^1]:    Source: cubuffs.com

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[^17]:    Source: cubuffs.com

[^18]:    Source: cubuffs.com,
    Note: 2006 and 2007 seasons games played to 30, Liz Kritza replaced Pi'i Aiu in 2009. In 2011 CU switched to PAC-12 and the conference season was 22 games.

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